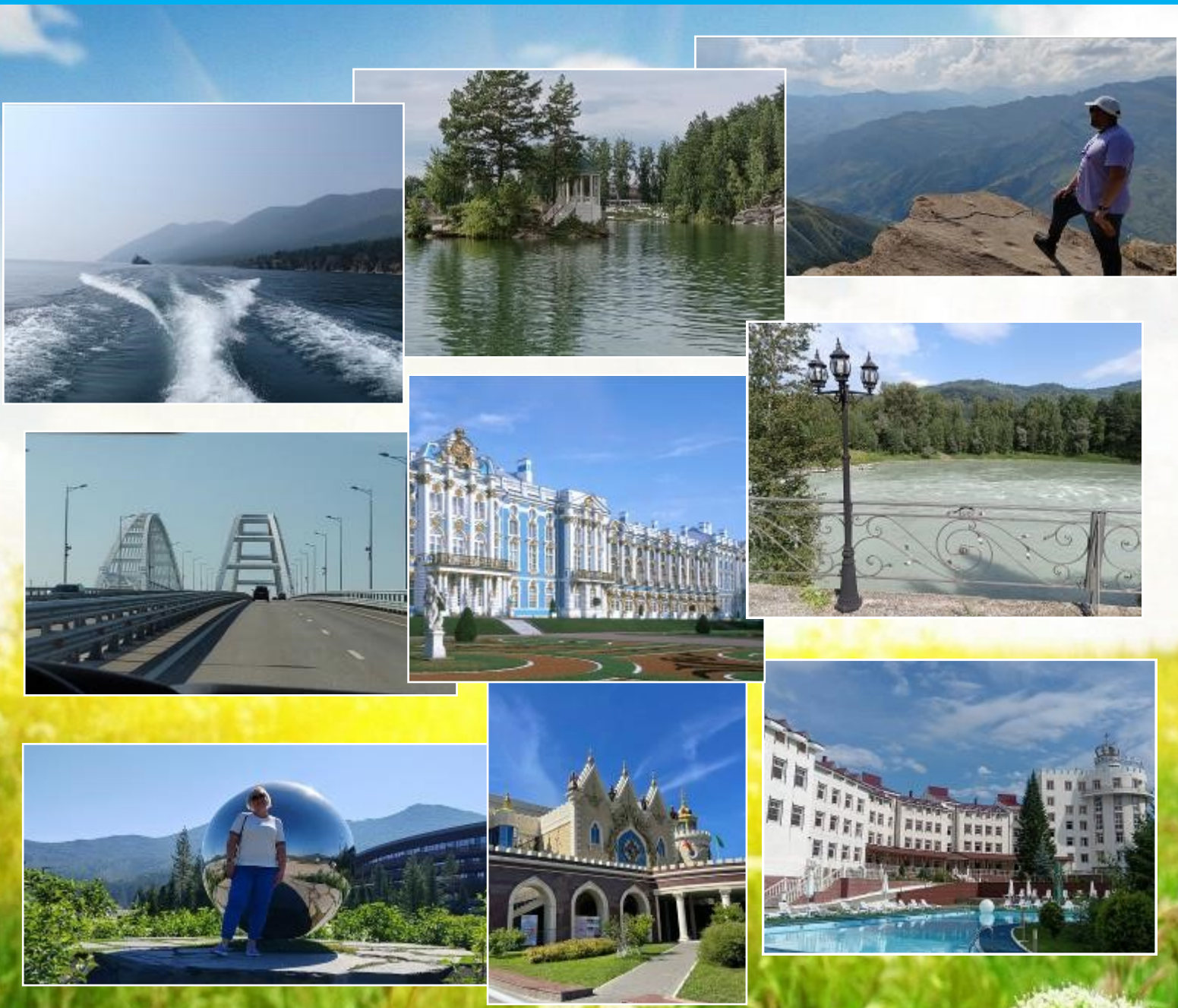


FRIENDSHIP

№ 33

SEPTEMBER -
OCTOBER
2024

**THE MORE WE ARE TOGETHER
THE HAPPIER WE ARE**



Travelling around Russia

Summer is a small life



*A talented teacher
is talented in everything*

Friendship

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Magazine for young learners who love English and want to know it



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I made the right choice!



I have been a student of the Ural State University for 1.5 months already! Today I can say with confidence that my life has changed a lot: a new place of residence, many new acquaintances, habits and an incredible thrill from studying!

I study at the Faculty of Journalism, specializing in Journalism. We study such professional disciplines as



the technology of a journalist's work, introduction to

My opinion about my student life and warm words of gratitude to the teachers of School № 1.

journalism, the practice of journalistic communication, the release of an educational newspaper, as well as media technology.

Attending lectures and listening to teachers is a great pleasure. Most often, we have dialogue training. We get information and immediately discuss it, debate with the speaker. I am surrounded by very smart and creative people whom I admire. These are both teachers and guys from my course.

Recently we had the *day of the freshman* (a day for first-year students) of the Faculty of Journalism. We spent it at the Gagarinsky recreation center. There were interesting lectures, practices, photo sessions, a «guitarnik» and even a disco. Guests from URA.RU, o'smysle and others were invited to our holiday.

I am happy to be where I am!

I am very grateful to my native school and my beloved

teachers! Anton Sergeevich, Evgenia Anatolyevna, Olga Arkadyevna, Irina Borisovna, Larisa Vasilyevna and all the teachers! You are the wonderful heroes of the previous season of my life. I send you my warm greetings and thank you for your contribution to my mental abilities and emotionally pleasant connections during training. You are the best!



To students who find it difficult to decide on their future education, I'd like to advise to try everything that comes to

your mind. This is how you will understand whether it is for you or not. Do not forget to constantly improve yourself in order to live happily. Otherwise, what are we living for?!

**Marta Mangasarova,
a graduate of school № 1,
Sysert**

We are the students!



Hello everyone! This year, all the eight students from my class graduated from school. All of them entered the high institutions. Anastasia Trofimova, Veronika Volkhina, Lyudmila Gizatulina, Nikita Parfenov, Artem Kochetkov and me became the students of the Ural State Medical University. Anton Pirozhkov and Yuri Mukhin entered the Ural

Federal University named after the first President of Russia B.N. Yeltsin.

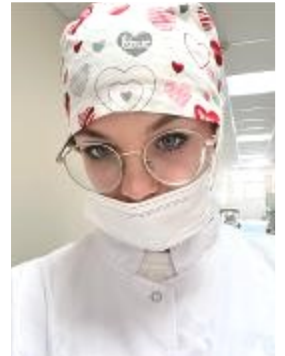
We keep in touch with each other, and share the news about our student life. Studying is different for everyone but it is very interesting. Getting an education in another city, with other teachers is very interesting.



Now, I can safely say that all the subjects that we studied at school are needed at universities! We thank all the teachers of our school and wish them patience, health and understanding.

I'd like to give an advice to all the pupils and graduates of our beloved school No. 1: learn everything and don't think that knowledge is useless!

*Olesya Kolyasnikova,
a graduate of school № 1,
Sysert*



Art volunteers are creative guys!



There are students in our school who are very interested in creativity and attend Sysert Art school.

Polina Akpaeva, 9C, Sofya Porunova, 9B, Daria Yakunina, Maryam Mukhametchina, and Alisa Plotnikova, 9A, are art volunteers.

They draw and paint. In their leisure time, they organize different events

that attract people's attention to their hobby.

Last summer, they organized an exhibition in the art school. They helped their teachers with the design of the exhibition. They worked as tour guides, and kept the order. In addition, they organize exhibitions and master classes at city holidays. This form of work allows them to share their experience with city residents.

They learn how to spend their leisure time in an interesting and unusual way. Volunteers also help conduct exams for younger groups at the art school. This month they have painted a wall in the city library. These crea-



tive people still have many plans and ideas. We wish them to bring their dreams to life!

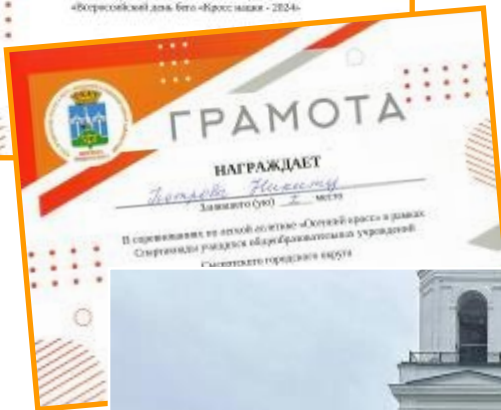
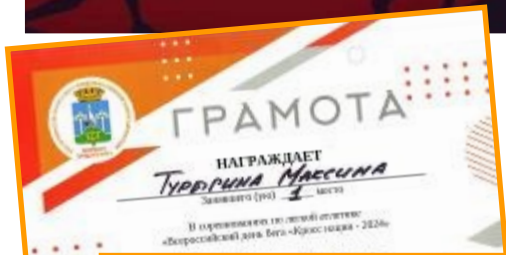
Sofya Porunova, 9B

School life

Healthy body, healthy mind



The "Cross of the Nation" was held in Sysert on September 21. Our students Maxim Turygin, 6B, Anna Dorogova, 9A, Nikita Petrov, 11A, took the 1st place in their age categories.



Only dance makes music visible



Maria Kolyasnikova, 4B, Timofey Bykov and Maria Suvorova, 6C, are the winners and prize-winners of various dance sports competitions. We are proud of our talented students!

We like going hiking around the Urals



We learn a lot of new things during our hikes and really have a great time! We enjoy sightseeing, discover unusual things, meet interesting people and get wonderful impressions and experiences which excite, educate, and inspire.



School life

Happy Teacher's Day!



*Much love to you, our dear teachers!
Be always young, cheerful, healthy and energetic!*





Granny's Day



DANO hackaton

In September, a hackathon organized by UrFU, HSE and T-Bank took place at the Ural Federal University as part of the DANO Data Analysis Olympiad. The event brought together talented schoolchildren from several regions of Russia. 16 teams took part in the two-day hackathon. The participants worked with the Casco insurance database, developed and tested hypotheses that could improve risk

Along with technical skills, the hackathon also emphasized the importance of effective communication and presentation skills. The teams presented their solutions to a jury of experts who evaluated not only the technical execution, but also the clarity and persuasiveness of our presentations. This opportunity prepared us for a better presentation

of our research, and after the defense, we received feedback from experts, where the weaknesses and strengths of our research were analyzed.

Also, in addition to the hackathon itself, a meme contest was held, which was also conducted with the help of experienced juries, and gave our team a great time during these 2 days. According to the results of the competition, our team took the first place for the best and funniest meme among all the teams.

In general, the DANO hackathon on data analysis at UrFU was an invaluable

experience that significantly expanded our knowledge in the field of data analysis. We learned in practice how to analyze the dataset, build a hypothesis, derive its mechanism, conduct mathematical analysis. Events like this play a crucial role in the development of the data analytics industry. They provide an opportunity for young professionals to demonstrate their knowledge to schoolchildren, and also contribute to the growth of innovation and the development of technological solutions.

**Maria Bushlanova,
Artem Vokorchuk, 10B**

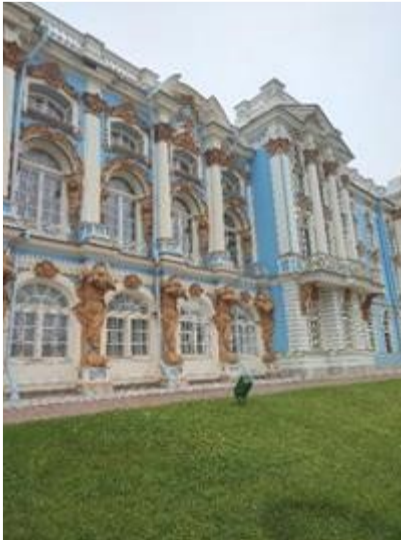


assessment processes and increase the effectiveness of insurance services.

The high-quality organization of the event created a dynamic and creative work environment. We thought about the solution together and supported each other throughout the event.

Summer is a small life

Northern capital of Russia



Saint Petersburg is the northern capital of Russia, founded more than 300 years ago by Peter the Great. People come here to get acquainted with the history and architecture of the XVIII-XX centuries, to walk along river canals and drawbridges. The city attracts many tourists who are happy to return here and always find something new.

This summer I was lucky enough to visit this beautiful city with my friends. We had a lot of great memories from our trip. We were able to learn a lot of new and interesting things, visit beautiful places and have a great time on the train.

So, now I will tell you about some of the sights I was impressed most of all.

The **Catherine Palace** is a Rococo palace in Tsarskoe Selo (Pushkin), located 30 km south of St. Petersburg. It was the summer residence of the Russian tsars. The palace is part of the World Heritage Site Saint Petersburg.

The **State Hermitage Museum** was founded in 1764 when Empress Catherine the Great acquired a collection of paintings from the Berlin merchant Johann Ernst Gotzkowsky. The museum's collection contains about 3.2 million exhibits, including masterpieces of Ancient Greece and Rome, Western Europe, Central Asia and Russia, modern art, rare books, porcelain, coins and weapons.

The modern appearance of the **Peterhof Palace's ensemble** was formed during one and a half centuries. Initially, the plans of Peterhof founder Peter I were realized by I. Braunstein, J. Leblond and N. Michetti. During the life of the first Russian emperor, there was only a low two-story building here, called the Nagornye Palaty, which was used for celebrations and receptions.



Today, the majestic palace in Peterhof, bearing the imprint of several artistic and architectural styles, invites guests to immerse themselves in the exquisite world of palace luxury of the House of Romanov.

I think that everyone should visit St. Petersburg to see the beauty of Russian culture.

Natalia Stepanova, 10A

Summer is a small life

My summer



This summer was much more full of trips in comparison with the previous one. I was in Saint Petersburg, Salt Iletsk and the tourist centre in the village Kungurka and others. As for Saint Petersburg, I fell in love with this gorgeous city. We had been staying there just for three days, but my group and me visited many museums and beautiful places. This trip was amazing I really want to come there again.

Then, I was in Solt Iletsk with the English-speaking company. It included my mum, my younger sister and other families with their kids. We were talking with each other in English and spending most of time together. It was very nice and interesting experience for me.

An important event happened to me and my classmates last summer - our graduation from school. I was happy and sad at the same time. As for my sadness, I still miss my classmates who decided to enter the colleges.

Well, I'm going to pass exams next year and get into the university. I have a lot of work and I need a lot of power and energy.

In conclusion I'd like to say that I am grateful that I had such a wonderful summertime.

Margarita Burlyuk, 10A

Summer time is my favourite vacation time. You have three months without studying and duties. You can spend time with yourself, family and friends. I had been planning my holiday time to combine and succeed in a lot of things. For example, reading books, walking with my dog, learning English, swimming, etc.



Kazan is a fabulous city



Last summer, I went to Kazan. Kazan is the capital of Tatarstan, Russia. I was very excited because I heard a lot about this city.

When I arrived, I saw many beautiful buildings such as the Kazan Kremlin, puppet theater «Ekiyat», Velinsky temple, AK bars arena. I took many pictures there. I walked around the city and visited Bauman Street. It is a busy street with big shops and cafes. I tried some tasty food. I ate echnochmak and chak-chak. It was delicious!



On the last day, I visited Kul Sharif mosque. The mosque is very pretty with blue domes.

Kazan is a wonderful city, and I felt happy to be there!

Daria Kapustina, 7B

Summer is a small life

My summer was exciting!



Summer is a wonderful time! We have lots of free time that we can spend usefully. We can walk with friends, relax with the family in nature, travel to different cities

and countries.

Last summer was cheerful and unforgettable for me. I passed the selection for the educational

program on chemistry and went to a camp. Two weeks flew quickly and unnoticed, and most importantly - very exciting! Every day we had lessons in chemistry, mathematics, and Russian. In the evenings we had educational and entertaining events. During my studies, I learned a lot of new things, studied school subjects more extensively, got knowledge of a more diverse level in this area.

I am glad that my summer was not in vain, I learned new, inter-



esting things, and now I want to do even more to develop myself.

Alisa Lisochenko, 9A

Welcome to Dubai!



Summer holidays are the most exciting time of the year for me. This year I was really looking forward to the summer holidays as it meant three months of freedom from school and the chance to explore new places with my family. We decided to spend our holiday in Dubai.

We had been planning our trip for months. My parents wanted to take me on a cruise which sounded like an amazing adventure. We researched different cruise lines and finally

booked our tickets online after getting a great deal. The anticipation of sailing on the beautiful waters of the Persian Gulf filled me with excitement.

As soon as we arrived in Dubai, I was amazed by the tall skyscrapers and the vibrant atmosphere. We packed our bags and set off for the cruise. Each day was filled with new activities, from swimming in the pool to exploring the ship. I took lots of photos of the stunning scenery and enjoyed trying the local food. Each day we did different activities, from exploring the ship to swimming in the ocean. It was a fantastic experience.

Our first stop was the famous Palm Jumeirah, where we visited luxurious hotels and beautiful beaches. We spent the day on the beach, swimming in the refreshing waters and sunbathing on the

golden sand. Another highlight was visiting the Burj Khalifa skyscraper, where we admired the breathtaking views of the city from the observation deck. The atmosphere was electric and I felt like I was in a dream!

As our vacation came to an end, I realized how much fun we had as a family. We returned home relaxed and filled with wonderful memories. This summer vacation was truly unforgettable, and I hope that we will have more adventures like this in the future.

Maxim Shastov, 10B



Summer is a small life

Our trip to the Crimea



Last summer I and my family went to the Crimea to visit my grandmother. It was a long trip by car. It took us three days to get there. We drove over the Crimean Bridge. It was cool!

My granny lives in her own house. We built a gazebo in her garden. My father worked the most.

We helped grandma around the house and in the garden. We fed goats, chickens, ducks, and turkeys. We also watered

the plants in the garden. In the evening we went to the sea. We walked along the embankment and sometimes went to a restaurant. Since the sea was warm, there were many jellyfish that burn the skin when touched. But it was not a problem for us,



we are already used to it. On September 1, we went home. I liked my summer holidays very much!

Evgenia Khramtsova, 7C

To see it and love forever



Nizhny Novgorod is the administrative centre of Nizhny Novgorod Oblast and the Volga Federal District in Russia. The city is located at the confluence of the Oka and the Volga rivers in Central Russia, with a population of over 1.2 million residents. It is an important economic, transportation, scientific, educational and cultural centre in Russia and the main centre of river tourism in Russia. In the historic part of the city there are many universities, theatres, museums and churches. The city was founded on 4 February 1221 by Prince George II of Vladimir.

Last summer I visited Nizhny Novgorod. It was really cool there!



Most of all I remember the restaurants and sights. I lived on the 21st floor and I had a really wonderful view of the city from the window. I went skateboarding. We went on a boat. Nizhny Novgorod is an amazing city. It is

beautiful and huge. You will never be bored there! We visited a lot of interesting places there - museums and churches, parks and cafes. I highly recommend visiting this city!

Mark Nikitin, 9C



Travelling around Russia

Gorny Altai is a place where dreams come true



The Katun River



Manzherok



Tavdinsky caves

Altai... it's not just a point on the map, it's a place where dreams come true. I finally got to this amazing land, and it struck me right in the heart!

Chertov Palets Mountain is shrouded in legends and mysteries. You could get there by car, order horses or an ATV, but I chose to walk up. This is the only way to truly feel, understand, realize... The aroma of herbs, gorgeous views... With every step, the mountain revealed its innermost secrets to me. At the top, I felt a surge of strength and energy,

as if the earth itself shared its power.

They say that under the mountain there is a geomagnetic hub, a source of incredible energy. I don't know if this is true, but the feeling was truly magical.

Manzherok: a resort where the sky merges with the earth. This is an all-season resort located at the foot of the Malaya and Bolshaya Sinyukha mountains. Clean mountain air, breathtaking views, and a feeling of complete freedom...

The cable car is just a fairy tale! You can ride in cozy

cabins or go up on an open chairlift. There are many interesting places to relax in Manzherok: a sculpture park with the Golden Woman, and simply beautiful panoramic views.

In the National Museum of the Altai Republic, I saw the famous mummy of the Altai princess of Ukok. There are many legends about her.

Chemal is the tourist Mecca of Altai. Patmos is a small island in the middle of the Katun River. Cliffs, high steep banks, picturesque nature - this island is shrouded in mysticism. The Orthodox Church of St. John the Evangelist is built on it.

Having crossed the suspension bridge, I found myself on Patmos. Miracles should be in life, and I believe in it.

The Katun River is majestic and unique. I have heard a lot about the beauty of Katun, but it exceeded all my expectations. Grandeur, color, speed, transparency, scale... There are no words to describe its beauty!

During the excursion to the Tavdinsky caves, we saw corridors, halls, grottoes, a panorama of Katun and a karst arch.

And, of course, I visited the village of Srostki, the homeland of Vasily Makarovich Shukshin. To be in Altai and not to stop here is unforgivable.

Fifteen happy days filled with beauty, emotions, new knowledge...

Altai is truly forever!

Svetlana Yu. Tashlykova



The village of Srostki. Monument to Vasily Shukshin

Travelling around Russia

Dagestan, a land where nature and history have merged together

This summer I was lucky enough to visit Dagestan - one of the most beautiful and mysterious regions of Russia. Here I saw many amazing places. Each of them left an important mark on my soul.



I visited the legendary Datun Temple. It was

built in the 9th century and is one of the most ancient temples in Dagestan. Here you can see unique frescoes and other decorative elements that have survived to this day.

Then I went to old Kakhib - an ancient village located on a mountain slope. Here you can see old houses, mosques and other old buildings. Kakhib is one of the most picturesque places in Dagestan.

I visited the ancient village of Goor, which amazes with its beauty and tranquility. Goor is located at an altitude of over 1,600 meters above the sea level, making it one of the highest settlements in Dagestan.

The mysterious Troll's Tongue is a rock that hangs over an abyss. It got its name due to its resemblance to the tongue of a troll, a mythical creature from Scandinavian mythology. This place attracts many tourists who want to take unique photos.

The Naryn-Kala Fortress was built in the 6th century as an important defensive structure. Today, you can see the remains of its walls, towers and other structures that allow you to imagine what the fortress looked like in the past.

The Matlas Stone Bowl is a natural formation that resembles a pulpit or altar. This place is considered to be sacred by local residents and attracts many tourists.

Tobot and Itlyatlyar Waterfalls are two stunning waterfalls located on the Khunzakh Plateau. Tobot Waterfall is one of the highest in Dagestan. The water falls from a height of more than 70 meters, creating a cloud of splashes and noise. Itlyatlyar Waterfall is impressive in its beauty and power.

The Caspian Sea is one of the most beautiful places in Dagestan. It is also home for many species of fish and other marine animals.

Overall, my trip to Dagestan was an unforgettable experience. I recommend everybody to visit this region

and enjoy its beauty!

As a teacher, I believe that traveling plays an important role in education and personal development. It helps to broaden your horizons, get acquainted with new cultures and traditions, and gain new knowledge and experience. Traveling also helps develop communication skills, teamwork, and problem solving.

Traveling can be a great way to motivate and inspire students. They can see that the world is full of opportunities and that they can achieve anything they want if they work hard and strive for their goals. I am sure, all teachers should encourage their students to travel and explore. It can be a trip to another city, country, or even another continent. The main thing is for students to gain new impressions, knowledge, and experience that will help them become better and more successful in life.

Anton S. Sharapov



Travelling around Russia

A unique trip to Lake Baikal



Boat trip on Lake Baikal



Peschanaya Bay



Stilted trees near Peschanaya Bay

We traveled much around Lake Baikal. One of the most beautiful excursions we had was to Peschanaya Bay.


Lake Baikal is in a rift valley, created by the Baikal Rift Zone, where the Earth's crust is slowly pulling apart. At 636 km long and 79 km wide, Lake Baikal has the largest surface area of any freshwater lake in Asia, at 31,722 km², and is the deepest lake in the world at 1,642 metres.

In summer, everyone dreams about a pleasant vacation. Our trip to Lake Baikal became an unforgettable one. There we saw unique forests and the clearest water of the Baikal. Scenic walks and excursions, unimaginable views and pristine nature of the lake, mineral springs and places of power. All this is just a small part of the trip through the territory of Siberia and Buryatia.



Not far from Peschanaya Bay



A fascinating tour to the **Taltsy museum**  impressed us very much.

Elena V. Vatoropina
Photo by the author

Travelling around Russia

The Taltsy Museum: Immerse yourself in Siberian culture



Architectural-ethnographic Museum «Taltsy» is a unique collection of monuments of history, architecture and ethnography of XVII-XX centuries. The Museum complex under the open sky attracts visitors with opportunity for direct experience of material and spiritual culture of the peoples of the Baikal region.

Taltsy is located at a picturesque site among the forests midway between the Siberian city of Irkutsk and the village of Listvyanka, on the southwest shore of sacred Lake Baikal.

Among the more rare monuments, is the Tower of the Saviour built in 1667 and the Kazanskaya chapel of former Ilmsk fortress built between 1667 and

1679. Both of these monuments were built over 300 years ago without any nails. They were transferred to the Museum's location from the flooded areas of the Ust-Ilmskaya.



Teacher's comments

Teaching and upbringing in English lessons and extracurricular activities

The formation of a harmoniously developed personality is both a need and the main goal of modern education. The school plays an important role in this process. A.S. Makarenko wrote: "Students are educated by everything: people, things, phenomena, but above all and for the longest time – people. Parents and teachers are in the first place."

The signs of a well-rounded personality are education, well-mannered and general development. Accordingly, the learning process should carry out three functions – educational, upbringing, and developmental.

The educational function of learning consists in the assimilation of knowledge, the formation of special and general academic skills and abilities.

It is impossible to reduce teaching a foreign language only to mastering students' lexical and grammatical competence, phonetic skills and conversational skills. It is necessary to study the culture, history, and peculiarities of the state structure of foreign countries and our homeland. This contributes to the formation of students' socio-cultural and communicative competencies.

The following important trends in teaching a foreign language are also observed in modern schools: a differentiated and multi-level approach; the use of innovative technologies; increasing and updating educational information; a system-activity approach to learning, etc.

The learning process also performs an upbringing function, which contributes to the formation of certain views, beliefs, personal qualities, value orientations, goals and ways of behavior and activity in society among schoolchildren. The upbringing function of learning gives the learning process a certain purposefulness and social significance, contributes to the formation of a well-rounded, socially active personality in the context of universal culture.

The development function does not exist independently, but is a consequence of the educational and upbringing functions of learning.



The intensity, versatility, breadth and depth of development depend on how education and upbringing will be implemented.

English lessons, as well as other subjects of the humanities, solve various educational tasks: the formation of healthy social relations, patriotic education, environmental care, education of moral and ethical standards. The teacher not only transmits a certain set of knowledge and skills to the students, but through his studies contributes to the development and upbringing of the child's personality. The topics students discuss during the lessons and extracurricular activities ("Friendship", "My family", "Environmental problems", "My Homeland", "The World of the Future", "Famous Russians", "Professions", etc.) have a very important upbringing aspect.

It is safe to say that teaching English and educating schoolchildren is more successful when students are involved in project-research and creative activities.

Elena V. Vatoropina



Развивающие игры и упражнения для первоклассников: советы педагога-психолога

Педагог-психолог нашей школы Елена Сергеевна Леонова подобрала комплекс игр и упражнений, которые помогут в обучении первоклассникам, да и всем ученикам, которые хотят учиться лучше.



В этом учебном году наша школа открыла двери для многих первоклассников. Обучение в первом классе – непростой период для

ребёнка, когда он сталкивается с новым коллективом, первым учителем, начинает познавать школьные предметы. На начальных этапах необходимо научиться быть мобильным, грамотно выполнять все задания и рекомендации учителя, и, конечно же, конструктивно общаться со своими одноклассниками. Ребятам, у которых отлично развита быстрота реакции, мышление, память, внимание, моторика, связная речь, эмоционально-волевая сфера, естественно, обучение в школе будет даваться легко, просто и в удовольствие.

В первую очередь, следует использовать разнообразные игры на закрепление знаний о форме, цвете предметов, установление определённой последовательности, собирание по схеме и пр. Данные упражнения учат ребёнка выполнять задание по определённой закономерности, что необходимо на уроках, развивают мелкую моторику рук, логическое мышление. Можно использовать игры и дидактические пособия, типа: «Танграм», «Палочки Кюинезера», «Пальцы вверх», «Кубики Никитина» и др.



Очень, конечно же, важно, чтобы у ребёнка в первом классе была хорошо развита мелкая моторика пальцев, которая необходима для навыка письма. Первыми помощниками в этом будут упражнения лепки, рисования, вырезания ножницами. Дополнительно можно использовать разнообразные упражнения на шнуровку, собирание пазлов, конструктора Lego с мелкими деталями.

Современным детям будут интересны игры и упражнения с японскими палочками «Mokuru». С обеих концов бочонок «Мокуру» снабжён резиновыми наконечниками, которые обеспечивают прекрасную амортизацию неваляшки. То есть задача состоит в том, чтобы толкнуть палочку с таким ускорением, что бы они перевернулись на 180 / 360 и более градусов и остановить палочку ладонью, когда она встанет на резиновый наконечник. Данные палочки помогают развивать внимательность, быстроту реакции, учат ребёнка управлять своими движениями, рассчитывать силу. Самое главное, что данные палочки гармонизируют работу обоих полушарий мозга, так как выполнять упражнения можно правой и левой рукой.

Один из необходимых навыков, который необходим для первоклассника – это умение управлять своими эмоциями, сдерживать негатив. Большую роль в этом сыграют игры с песком, игры на световых столах. Ребёнок, в процессе игр с песком, очень успокаивается, по-

гружается в свой внутренний мир, снимается внутреннее напряжение. Отличная память – залог успешной учёбы.

Повысить уровень запоминания у ребёнка помогут игры «МЕМО», которых в настоящее время представлено большое разнообразие по темам («Животные», «Достопримечательности России», «Транспорт», «Космос» и пр.). Играя в «МЕМО», можно развить свою память и расширить знания об окружающем мире.

Немаловажный навык в обучении школе – умение конструктивно общаться, договариваться, высказывать свою точку зрения. В этом ребёнку могут помочь игры в команде, различные словесные игры («Крокодил», «Пойми меня», «Ответь за 10 секунд» и пр.), викторины. Такие игры можно организовать в семье, в классе, во время прогулок.

Быть учеником первого класса не просто, малейшие достижения для ребёнка – очень важны, поэтому родители и педагоги должны сразу мотивировать ребёнка, отмечать заслуги, чтобы впереди его сопутствовали только успех, удача и отличные оценки!

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